



Health and Safety Regulations at GIPSA-lab

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Christophe Savariaux

Updated on November, 2023



Practical Informations

- Conditions of access: 2 different sites (Ampère and Stendhal Building)
- Opening hours during the working week :
 - 7h30 – 19h00 (Ampère)
 - 7h30 – 19h30 (Stendhal + badge)
- Opening hours during the night time, weekends and holidays: **none** (buildings are closed)
- Lone worker: It is **formally forbidden** to work alone on a process (except special cases and with agreement of your supervisor)



Whom to contact if...

- You have questions about your work environment
- You have detected a dysfunction
- You want to know more about Health and Safety in your laboratory and at Grenoble-INP
 - Contacts
 - Health and Safety Agents ("AP" : Assistant de Prévention)
 - First Aiders ("SST" : Sauveteur Secouriste du Travail)
 - Health and Safety Engineer (CP : Conseiller de Prévention)
 - Occupational Physicians
 - Health and Safety Grenoble-INP committee ("CHSCT") members
 - Intranet Health and Safety websites :
 - <https://intranet.grenoble-inp.fr/personnels/hygiene-et-securite>
 - New intranet GIPSA-lab: soon...



Health and Safety Agents

- 4 Agents at GIPSA-lab :
 - Gabriel BUCHE, office B240, phone 04 76 82 71 63 (Building B 2nd floor and ground floor)
 - Carole CHAUVIN-PAYAN, office E001 (Stendhal), phone 04 76 82 80 09 (Stendhal building)
 - Laurent OTT, office B131A, phone 04 76 82 64 96 (Building B 1st floor)
 - Christophe SAVARIAUX, office B238, phone 04 76 82 63 06 (Building B 3rd floor)





Health and Safety Agents

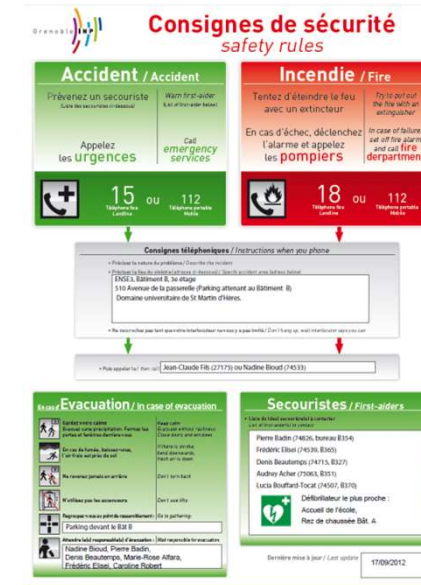
■ Their role

- Sensitize the institution personnel to respect health and safety regulations
- Inform the new arrivals about the institution regulations, possible risks and working methods to prevent the risks
- Establish Health and Safety Log Book and the internal Guide Book (see Intranet)
- Ensure the availability of first aid assistance in the event of an accident
- Analyse and learn lessons from work accidents that took place at the institution
- Suggest the prevention methods (DUERP) and apply those selected by the director



What to do in case of an accident ?

- In the event of an accident
 - (1) Inform the nearest First Aiders
 - (2) Call emergency services 15 or 112
 - (3) Send someone to the building entry



- First aiders are competent to ensure emergency first aid in the event of an accident before arrival of emergency medical services
- Sending someone to the building entry will accelerate the arrival of emergency services.



Fixed Equipment

- First aid kit

- In each First aiders office
- At Postbox level
- In some workshops



- Automated External Defibrillator (AED)

- Building B, ground floor, near central stairs
- Maison de Grenoble INP





First Aiders

- How can you find them? They have stickers on their office door:



or



- Number of First Aiders in GIPSA-lab: 22 on November, 2022



It's not enough (10 % of staff minimum)



Occupational Health Physicians and Social Assistants

- Grenoble INP – UGA Staff
 - Occupational physician: Dr Julie HEMON – 04 76 74 81 20
medecine-du-travail@univ-grenoble-alpes.fr
 - Social assistants: Stéphanie GIMENEZ / Marlène Glénat – 04 76 74 81 73
assistantes-sociales-personnels@univ-grenoble-alpes.fr
- CNRS Staff
 - Occupational physicians:
Dr Nathalie APPRIOU – 04 76 88 10 74 nathalie.appriou@dr11.cnrs.fr
Dr Patrick BONNET – 04 56 38 70 02 patrick.bonnet@dr11.cnrs.fr
- You can contact them if you encounter professional, personal difficulties or if you feel unwell at your workplace



Health and Safety Log Book

- Is used to record:
 - Observed or incurred risks and incidents
 - Dysfunction of safety features of an equipment
 - Accidents that have not led to sick leave medical certificate delivery
 - Any suggestions related to:
 - Prevention of risks
 - Improvement of working conditions
- Declaration form to download on GIPSA-lab Intranet: soon
- Location at the Management Assistant Office (Martine Brossier – B346)
- Talk to one of the four Health and Safety Agents



After an Accident: Accident Reporting

- Inform your employer as soon as possible
- Complete the accident report form available at the Human Resources or administrative services
- Fill in the Health and Safety Log Book on Intranet
- Inform the Health and Safety Agent
- You can declare it to your own insurance company

✔ It is very important to declare any accident, even a minor one, to assert your rights



People in charge of evacuation

- Some colleagues are specially trained to help people to evacuate buildings safely
- They wear an armband:



- You have to strictly respect their instructions for maximum of safety



Evacuation in case of fire (Fire alarm)

- Respect orders of those in charge of the evacuation
- If possible, take hand held personal belongings when leaving (never go back for anything)
- Close the door of your office without locking
- Walk to the designated assembly area for your building (Parking Area along the B Building)
- **Do not use the elevators**
- Remain at the assembly area (in groups) until instructed to leave near this warning plate:





Evacuation in case of fire

Persons with reduced mobility

- Persons with reduced mobility have special areas to wait for evacuation and/or rescue



- Agents in charge of evacuation or anybody can use escape chair in emergency if necessary



- Never use elevators



What are these devices for?

- Circuit-breakers



- Manual release « Fire alarm» located near the exits





Fire Equipment

- Item
 - Extinguisher



- Fire evacuation plan





Risk situations at GIPSA-lab

- Fire risk (Lithium batteries) ++
- Electrical risk ++
- Mechanical risk ++
- Chemical risk +
- Manual handling +
- Working at screen ++
- Road accident (bicycle) +++
-  Main accident declaration at GIPSA-lab
- Psychosocial risk
- If you need more information, please ask to a Health & Safety Agent



NEO: a self-learning website

- As a new entrant, you received an invitation for a self-learning session about Health and Safety: **you have to follow it**

créé par   **Inserm**
Institut national de la santé et de la recherche médicale

NEO

Accueil Mes cours Mon profil Documentation Assistance Sélectionner votre langue ▼ Connecté sous le nom « Gabriel BUCHE » (Déconnexion)

Ma page ► Mes cours

NEO: Ma page

ADMINISTRATION NÉO

- Modifier mon profil
- Sessions
- Documents

VUE D'ENSEMBLE DES COURS

 LA PRÉVENTION	 LE RISQUE INCENDIE
 LE RISQUE CHIMIQUE	 LE RISQUE BIOLOGIQUE

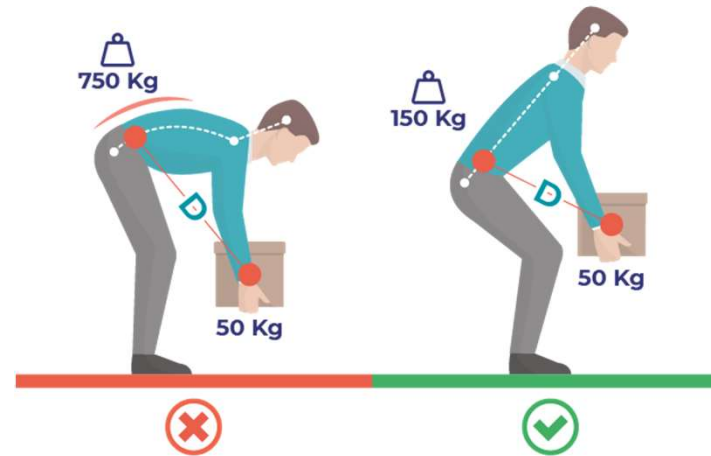
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Thank you !



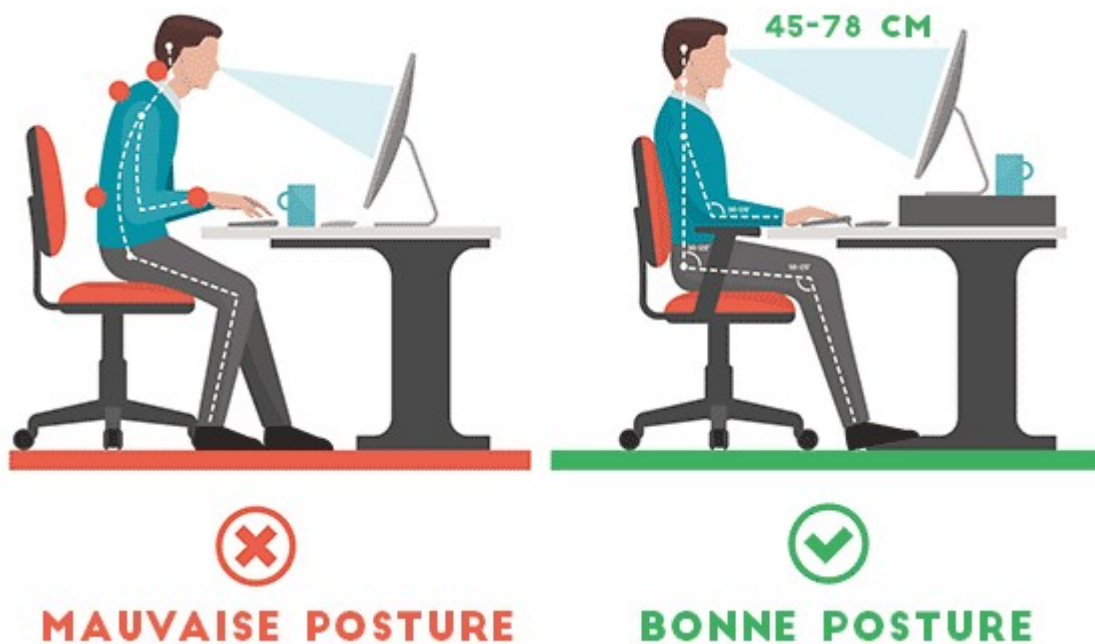
Manual handling



- Your feet should straddle the load and be slightly apart.
- Your legs should be bent and your back straight.
- Use your leg and thigh muscles to lift the load: your arms should be extended to grasp and hold the load, not lift it.



Working at screen



<https://cftc-covea-france.fr/news/travail-sur-ecran/>



Signalisation of risks

■ Colors

- **RED**: Prohibition signs - Danger - Fire fighting equipment
- **YELLOW**: Warning signals
- **BLUE**: Requirement signals
- **GREEN**: Rescue and emergency signals - Safety



Signalisation of risks

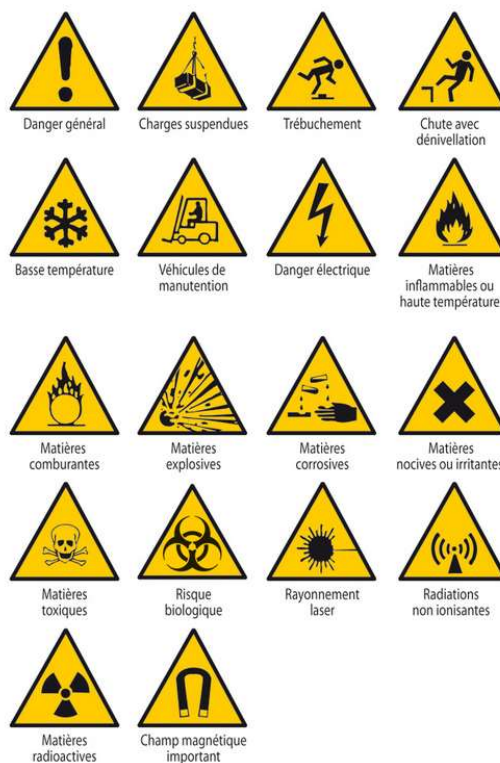
- Prohibition sign - Danger - Fire fighting equipment (non exhaustive)





Signalisation of risks

- Warning signals (non exhaustive)





Signalisation of risks

- Requirement signals (non exhaustive)



Obligation générale
(accompagné parfois
d'un panneau
additionnel)



Protection obligatoire
de la figure



Protection obligatoire
des pieds



Protection obligatoire
des mains



Protection obligatoire
des voies respiratoires



Protection obligatoire
de l'ouïe



Protection obligatoire
pour piétons



Protection individuelle
obligatoire contre
les chutes



Protection obligatoire
de la vue



Protection obligatoire
de la tête



Protection obligatoire
du corps



Signalisation of risks

- Rescue and emergency signals – Safety (non exhaustive)

